# Ryan J. Marek, Ph.D.

# **CURRICULUM VITAE**

Office Phone: 936-294-3614 Email: rxm147@shsu.edu

#### **EMPLOYMENT**

2023 - Present Assistant Professor of Clinical Psychology (Tenure Track)

Department of Psychology and Philosophy

Sam Houston State University

1905 University Ave Huntsville, TX 77340

2021 – 2023 Assistant Professor of Clinical Psychology (Tenure Track)

Sam Houston State University College of Osteopathic Medicine

925 City Central Ave Conroe, TX 77304

2017 –2021 Assistant Professor of Health Service Psychology (Tenure Track)

Department of Clinical, Health, and Applied Sciences

University of Houston-Clear Lake

2700 Bay Area Blvd. Houston, TX 77058

#### LICENSING INFORMATION

2019 - Present Licensed Psychologist (License# 38086) in the state of Texas

# **EDUCATION**

2014 - 2017 Kent State University, Kent, Ohio (APA Accredited)

Ph.D. in Clinical Psychology, Assessment & Health Specializations

Minor in Quantitative Methodology

Dissertation: Psychopathology and Five-Year Roux-en-Y Gastric Bypass Outcomes in Bariatric

Surgery Patients

2011–2014 Kent State University, Kent, Ohio (APA Accredited)

M.A. in Clinical Psychology, Assessment & Health Specialization

Minor in Quantitative Methodology

Master's Thesis: Assessing Psychosocial Functioning of Bariatric Surgery Candidates with the

Minnesota Multiphasic Personality Inventory-2 Restructured Form

2007 –2011 **John Carroll University**, University Heights, Ohio

B.S. in Psychology (Nicholas DiCaprio Distinguished Graduate)

Minor in Statistics & Probability

# PRE-DOCTORAL INTERNSHIP

2016 – 2017 Medical University of South Carolina, Charleston, South Carolina (APA Accredited)

Department of Psychiatry and Behavioral Sciences

Behavioral Medicine Track

Rotations: Weight Management, Pain Management, IOP Behavioral Medicine,

Neurology.

#### ADDITONAL AFFILIATIONS

2018 – 2023 Adjunct Assistant Professor of Clinical Psychology

Baylor College of Medicine

1 Baylor Plaza Houston, TX 77030

2019 – 2023 Psychologist (Working Without Compensation)

Michael E. DeBakey VA Medical Center

2002 Holcombe Blvd Houston, TX 77030

# RESEARCH FUNDING

#### Funded Projects

Source: SHSU's Provost Innovation Fund: Building Research, Innovation, Discovery, and Growing Engagement (BRIDGE)

Title: Effectiveness of a Community-Based Intervention of Acceptance and Commitment Therapy for Type 2

Diabetes Management in a Rural and Underserved Community

Role: Principal Investigator Award Amount: \$174,295.54

Date: September 1, 2023 - August 31, 2025

Source: Sam Houston State University' Pilot Studies for Future Funding Program Grant Title: Machine learning-based sentiment analysis for predicting problematical eating behavior

Role: Consultant

Award Amount: \$14,609

Date: May 1, 2022 - April 30, 2023

Source: University of Minnesota Press

Title: Empirical Correlates and Clinical Utility of the MMPI-3 Among Bariatric Surgery Patients

Role: Principal Investigator Award Amount: \$67,480.10 Date: July 1, 2021 – June 30, 2023

Source: University of Minnesota Press

Title: Using Presurgical Psychological Assessments to Predict Psychopathology and Weight Loss Outcomes Five

Years after Bariatric Surgery Role: Principal Investigator Award Amount: \$32,000

Date: July 1, 2018 – June 30, 2020

Source: University of Minnesota Press

Title: Validation of Psychosocial Risk Factor Dimensions Assessed by the MMPI-2-RF Spine Surgery Candidate

Interpretive Report (Spine- CIR) and Spinal Cord Stimulator Candidate Interpretive Report (Stim- CIR)

Role: Co-Investigator Award Amount: \$71,000

Date: July 1, 2018 – June 30, 2021

Source: University of Minnesota Press

Title: The Spine Surgery Candidate Interpretive Report (Spine-CIR) and Spinal Cord Stimulator Candidate

Interpretive Report (Stim-CIR): Replication and Validation with the MMPI-3

Role: Co-Investigator Award Amount: \$20,000

Date: July 1, 2017 - June 30, 2018

#### Proposals Being Developed

Source: National Institute of Health

Title: Effectiveness of Brief Telehealth Acceptance and Commitment Therapy for Reducing Body Weight and

Hemoglobin A1C in Rural and Underserved Populations

Role: Primary Investigator

Mechanism: R01 – National Institute of Diabetes and Digestive and Kidney Diseases

Projected Award Amount: \$600,000 (over 3 years)

Date Due: June, 2024

Source: National Institute of Health

Title: A Mixed-Methods Evaluation of the Mental Health Family Navigator Model in Montgomery and Walker

Counties in Texas Role: Co-Investigator

Mechanism: R01 – National Institute of Mental Health Projected Award Amount: \$600,000 (over 3 years)

Date Due: January, 2024

## Proposals Not Funded, But Reviewed Positively

Source: American Diabetes Association

Title: Effectiveness of a Community-Based Intervention of Acceptance and Commitment Therapy for Type 2

Diabetes Management in a Rural and Underserved Community

Role: Primary Investigator

Mechanism: Nutrition & Diabetes Junior Faculty Development Award

Status: Letter of Intent Submitted 6/24/2022; Invited to Write Full Proposal 7/16/2022; Grant Submitted 8/29/2022;

Grant Status Notification 10/15/2022;

Direct Costs: \$413,104 Indirect Costs: \$37,555

# **AWARDS AND HONORS**

# Teaching & Scientific Awards

2023	Faculty Research Award. For Outstanding Researcher at SHSU's College of Osteopathic Medicine
2020	Semi-Finalist. UHCL Nomination for the 2020-2021 Piper Professor
2020	Center for Faculty Development's New Faculty Research Award - Council of Professors select one pre-tenured faculty for this award each year.
2020	Exner Award – Designed to promote research in the area of personality assessment.
2019	<b>APA Early Career Achievement Award</b> - designed to increase representation of outstanding early career members at the APA convention.

Samuel J. and Anne G. Beck Award - bestowed annually for outstanding early career research in the field of personality assessment.
 University Fellowship - Kent State University
 Featured Article - Surgery for Obesity and Related Diseases
 Marek, R.J., Tarescavage, A.T., Ben-Porath, Y.S., Rish, J.M., Ashton, K, & Heinberg, L.J. (2015). Using presurgical psychological testing to predict 1-year appointment adherence and weight loss in bariatric surgery patients: predictive validity and methodological considerations. Surgery for Obesity and Related Diseases, 11(5), 1171-1181.
 Mary S. Cerney Award, Society for Personality Assessment
 Kent State University Applied Center for Psychology Paper Award

**PEER REVIEWED PUBLICATIONS** \*denotes that author was student, intern, post-doc, or resident at the time of publication

- Marek, R.J., Ben-Porath, Y.S., Panigrahi, E., & Pona, A.A. (in press). Further Evidence Regarding the Convergent and Discriminant Validity of Minnesota Multiphasic Personality Inventory-3 (MMPI-3) Scores in the Presurgical Psychological Evaluation of Patients Seeking Metabolic and Bariatric Surgery. Surgery for Obesity and Related Diseases. https://doi.org/10.1016/j.soard.2024.01.006
- 2. **Marek, R.J.,** Ben-Porath, Y.S., & Heinberg, L.J. (in press). Six-Year Postoperative Associations Between the Minnesota Multiphasic Personality Inventory 3 (MMPI-3) and Weight Recurrence, Eating Behaviors, Adherence, Alcohol, Misuse, and Quality of Life. *Surgery for Obesity and Related Diseases*. <a href="https://doi.org/10.1016/j.soard.2023.12.008">https://doi.org/10.1016/j.soard.2023.12.008</a>
- Rabinowitz, E.P.,\* Whitman, M.R.,\* Marek, R.J., Block, A.R., & Ben-Porath, Y.S. (in press). Differences in Presurgical MMPI-3 Scores Across Trajectories of Recovery from Spine Surgery. *Psychological Assessment*. <a href="https://doi.org/10.1037/pas0001299">https://doi.org/10.1037/pas0001299</a>
- 4. Sutphin, T.,\* Hicks, A.D.\*, **Marek, R.J.**, Gorman, K., & McCord, D. (in press). Additional Validation of the MMPI-3 Eating Concerns Scale. *Assessment*. <a href="https://doi.org/10.1177/10731911231207111">https://doi.org/10.1177/10731911231207111</a>
- Marek, R.J., Le, J.\*, Hapenciuc, G.,\* Philip, M., Block, A.R., & Ben-Porath, Y.S. (in press). Incremental validity of the MMPI-3 to Predicting One-Year Postoperative Outcomes in Patients Who Received Spine Surgery. *Journal of Clinical Psychology in Medical Settings*. https://doi.org/10.1007/s10880-023-09971-3.
- Bistricky, S.L., Sublett, L.W., Moreno, G. L., Palmer, L.E.\*, & Marek, R.J. (in press). Self-Other Balance in Context: A Quiet Ego May Be Meaningful and Adaptive in Latinx/Hispanic Cultures and Work Settings. Psychological Reports. https://doi.org/10.1177/00332941221144605
- 7. Jeong, H.,\* Hapenciuc, G.,\* Meza, E.,\* Heinberg, L.J., & Marek, R.J. (2023). Re-Evaluating the Binge Eating Scale Cut-Off Using DSM-5 Criteria: Analysis and Replication in Presurgical Bariatric Surgery Samples. Surgery for Obesity and Related Diseases, 19(9), 945-949. https://doi.org/10.1016/j.soard.2023.02.014

- 8. Pona, A., **Marek, R.J.**, Panigrahi, E., & Ben-Porath, Y.S. (2023). Examination of the Reliability and Validity of the Minnesota Multiphasic Personality Inventory-3 (MMPI-3) in a Preoperative Bariatric Surgery Sample.

  \*\*Journal of Clinical Psychology in Medical Settings, 30(3), 673-686. <a href="https://doi.org/10.1007/s10880-022-09908-2">https://doi.org/10.1007/s10880-022-09908-2</a>
- 9. **Marek, R.J.,** Ivezaj, V., Parikh, M., Jayade, M.,\* Davila-Shiau, E.,\* & Grilo, C.M. (2023). Factor Structure and Measurement Invariance of the English- vs Spanish-Language Eating Disorder Examination Questionnaire Brief Form (S-EDE-Q-BF) in Hispanic Persons Seeking Bariatric Surgery. *Surgery for Obesity and Related Diseases*, 19(6), 576-584. https://doi.org/10.1016/j.soard.2022.12.015
- 10. Dixon, J.N., Caddell, T.M., Alexander, A.A., Burchett, D., Anderson, J.L., **Marek, R.J.**, & Glassmire, D.M. (2023). Adapting Assessment Processes to Consider Cultural Mistrust in Forensic Practices: An Example with the MMPI Instruments. *Law and Human Behavior*, 47(1), 292-306. https://doi.org/10.1037/lhb0000504
- 11. **Marek, R.J.,** & Anderson, J.L. (2022). Measurement of Eating Pathology using the Minnesota Multiphasic Personality Inventory 3 (MMPI-3). *Journal of Personality Assessment, 104*(5), 674-679. https://doi.org/10.1080/00223891.2021.1991361
- 12. Woodling, C.,\* Wygant, D.B., Umlauf, R.L., & **Marek, R.J.** (2022). Somatoform's Placement and Validity in the Hierarchical Taxonomy of Psychopathology (HiTOP). *Psychiatry Research*, *313*, 114593. https://doi.org/10.1016/j.psychres.2022.114593
- 13. Short, M.B., Marek, R.J., Knight, C.F.,\* & Kusters, I.S. (2022). Understanding Factors Associated with Intent to Receive the COVID-19 Vaccine. *Families, Systems and Health*, 40(2), 160-170. http://doi.org/10.1037/fsh0000664
- Marek, R.J., Block, A.R., & Ben-Porath, Y.S. (2022). Reliability, Validity, and Clinical Utility of the MMPI-3
   Among Patients Seeking Spine Surgery. *Psychological Assessment*, 34(4), 379-389.

   <a href="https://doi.org/10.1037/pas0001096">https://doi.org/10.1037/pas0001096</a>
- 15. Kaye, S.\* Wygant, D.B., Umlauf, R.L., & Marek, R.J. (2022). Factor Structure and Validity of the Inventory of Depression and Anxiety Symptoms-II (IDAS-II) in a Chronic Back Pain Treatment-Seeking Sample. *Psychological Assessment*, 34 (1), 3-9. <a href="https://doi.org/10.1037/pas0001057">https://doi.org/10.1037/pas0001057</a>
- Marek, R.J., Ivezaj, V., Schuh, L., Creel, D. & Grilo, C. (2021). Factor Structure and Measurement Invariance of the Attitudes Towards Obese Persons (ATOP) Scale in a Preoperative and Postoperative Bariatric Surgery Sample. *Obesity Surgery*, 31(12), 5207-5212. <a href="https://doi.org/10.1007/s11695-021-05645-x">https://doi.org/10.1007/s11695-021-05645-x</a>
- 17. Mickens, L.D.,\* Nghiem, D.M.,\* Wygant, D.B., Umlauf, R.L., & Marek, R.J. (2021). Validity of the Somatic Complaints Scales of the MMPI-2-RF in an Outpatient Chronic Pain Clinic. *Journal of Clinical Psychology in Medical Settings*, 28, 789-797. https://doi.org/10.1007/s10880-021-09766-4
- 18. **Marek, R.J.,** Lieberman, I., Derman, P., Nghiem, D.M.,\* & Block, A.R. (2021). Validity of a Pre-Surgical Algorithm to Predict Pain, Functional Disability, and Emotional Functioning One Year After Spine Surgery. *Psychological Assessment*, 33(6) 541-551. <a href="https://doi.org/10.1037/pas0001008">https://doi.org/10.1037/pas0001008</a>
- 19. Martin-Fernandez, K. W.,\* **Marek, R. J.,** Heinberg, L. J., & Ben-Porath, Y. S. (2021). Six-year bariatric surgery outcomes: the predictive and incremental validity of presurgical psychological testing. *Surgery for Obesity and Related Diseases*, 17(5), 1008-1016. https://doi.org/10.1016/j.soard.2021.01.012

- 20. Martin-Fernandez, K.,\* Martin-Fernandez, J.,\* **Marek, R.J.,** Heinberg, L.J., & Ben-Porath, Y.S. (2021). Associations among psychopathology and eating disorder symptoms and behaviors in post-bariatric surgery patients. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity, 26*, 2545-2553. https://doi.org/10.1007/s40519-021-01111-w
- 21. **Marek, R.J.**, Martin-Fernandez, K.,\* Heinberg, L.J. Ben-Porath, Y.S., (2021). An Investigation of the Eating Concerns Scale of the Minnesota Multiphasic Personality Inventory 3 (MMPI-3) in a Postoperative Bariatric Surgery Sample. *Obesity Surgery*, 31, 2335-2338. <a href="https://doi.org/10.1007/s11695-020-05113-y">https://doi.org/10.1007/s11695-020-05113-y</a>
- 22. **Marek, R.J.**, Martin-Fernandez, K.,\* Ben-Porath, Y.S., & Heinberg, L.J. (2021). Psychosocial Functioning of Bariatric Surgery Patients 6-Years Postoperative. *Obesity Surgery*, *31*(2) 712-724. https://doi.org/10.1007/s11695-020-05025-x
- 23. Abate, A.,\* Marek, R.J., Venta, A. Taylor, L.K, & Velez, L., (2020). The Effectiveness of a Home-Based Delivery of Triple P in High-Risk Families in Rural Areas. *Journal of Child and Family Studies*, 29, 997-1007. https://doi.org/10.1007/s10826-019-01684-2
- 24. Nonterah, C., **Marek, R.J.**, Borckardt, J., Balliet, W.E., (2020). Alexithymia and Quality of Life in Pre-Surgical Organ Transplant Patients. *Psychological Reports*, *123*(5), 1614-1634. https://doi.org/10.1177/0033294119896058
- 25. Block, A.R., & Marek, R.J. (2020). Presurgical Psychological Evaluation: Risk Factor Identification and Mitigation. *Journal of Clinical Psychology in Medical Settings*, 27, 396-405. <a href="https://doi.org/10.1007/s10880-019-09660-0">https://doi.org/10.1007/s10880-019-09660-0</a>
- Marek, R.J., Anderson, J.A., Tarescavage, A.T., Haugh, S.,\* Martin-Fernandez, K.,\* Heinberg, L.J., Block, A.R., Jimenez, X., & Ben-Porath, Y.S. (2020). Elucidating Somatization in a Dimensional Model of Psychopathology Across Medical Settings. *Journal of Abnormal Psychology*, 129(2), 162-176. https://doi.org/10.1037/abn0000475
- 27. Nghiem, D.M.,\* Gomez, J.,\* Gloston, G.F.,\* Torres, D.S.,\* & Marek, R.J. (2020). Psychological Assessment Instruments for Use in Liver and Kidney Transplant Evaluations: Scarcity of Evidence and Call for Further Research. *Journal of Personality Assessment, 102*,(2), 183-195. doi: 10.1080/00223891.2019.1694527
- 28. **Marek, R.J.,** Ben-Porath, Y.S., Epker, J.T., Kreymer, J.K., & Block, A.R. (2020). Reliability and Validity of the Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) in Spine Surgery and Spinal Cord Stimulator Samples. *Journal of Personality Assessment, 102*(1), 22-35. doi: 10.1080/00223891.2018.1488719
- 29. Boepple, L.\* Cero, I., **Marek, R.J.**, Coulon, S., Lydecker, J.A., Brown, J.D., Malcolm, R., O'Neil, P.M. (2019). Patients' Reasons for Weight Loss and Their Relations to Clinical Weight Loss Outcomes in a Comprehensive Lifestyle Intervention. *Obesity: Science & Practice*, *5*(6), 548-554.
- 30. Fusco, B.R.,\* Marek, R.J., Tarescavage, A.M., Ben-Porath, Y.S., & Heinberg, L.J. (2019). Using the Minnesota Multiphasic Personality Inventory-2-Restructured Form Cutoffs to Predict Lack of Pre-Surgical Exercise. *Journal of Clinical Psychology in Medical Settings*, 26(3), 302-312. doi: 10.1007/s10880-018-9587-2.
- 31. Tarescavage, A.M., Ben-Porath, Y.S., **Marek, R.J.**, Boutacoff, L.I., & Heinberg, L.J. (2019). Time savings and accuracy of a simulated flexible and conditional administration of the MMPI-2-RF in presurgical psychological evaluations of bariatric surgery candidates. *Surgery for Obesity and Related Diseases*, 15(5), 732-738.

- 32. Block, A.R., **Marek, R.J.**, & Ben-Porath, Y.S., (2019). Patient Activation Mediates the Association between Psychosocial Risk Factors and Spine Surgery Results. *Journal of Clinical Psychology in Medical Settings*, 26 (2), 123-130. doi: 10.1007/s10880-018-9571-x.
- 33. **Marek**, **R.J.**, Block, A.R., Ben-Porath, Y.S. (2019). Validation of a Psychological Screening Algorithm for Spine Surgery Outcomes. *Assessment*, 26 (5), 915-928. doi: 10.1177/1073191117719512.
- Menton, W.H.,\* Crighton, A.,\* Tarescavage, A.M., Marek, R.J., Hicks, A.D.,\* & Ben-Porath, Y.S. (2019). Equivalence of Laptop and Tablet Administrations of the Minnesota Multiphasic Personality Inventory-2 Restructured Form. Assessment, 26(4), 661-669. doi: 10.1177/1073191117714558.
- 35. Ata, R.,\* Heinberg, L.J., Boepple, L., **Marek, R.J.,** & Thompson, K. (2018). Obesity as a Disease: Effects on Weight-Biased Attitudes and Beliefs. *Stigma and Health*, *3*(4), 406-414. doi: 10.1037/sah0000087.
- 36. Marek, R.J., Steffen, K., Wolf, B., Flum, D.R., Rubin, P.J., Pories, W.J., Pomp, A., & Mitchell, JE. (2018). Psychosocial Functioning and Quality of Life in Patients with Loose Redundant Skin 4-5 Years After Bariatric Surgery. *Surgery for Obesity and Related Diseases*, 14(11), 1740-1747. doi: 10.1016/j.soard.2018.07.025.
- 37. Pona, A.A.\* Marek, R.J., Heinberg, L.J., Lavery, M., Ashton, K., Rish, J.M. (2017). Psychological Correlates of Body Image Dissatisfaction Before and After Bariatric Surgery. *Bariatric Surgical Practice and Patient Care*, 12(4), 184-189.
- 38. **Marek, R.J.,** Couhlon, S.M., Brown, J.D., Lydecker, J., Marek, S., Malcolm, R., & O'Neil, P.M. (2017). Characteristics of Weight Loss Trajectories in a Comprehensive Lifestyle Intervention. *Obesity*, 25(12), 2062-2067.
- 39. **Marek, R.J.,** Williams, G.A.,\* Mohun, S.H.,\* & Heinberg, L.J. (2017). Surgery Type and Psychosocial Factors Contribute to Poorer Weight Loss Outcomes in Persons with a Body Mass Index Greater than 60 kg/m<sup>2</sup>. *Surgery for Obesity and Related Diseases*, *13*(12), 2021-2026.
- 40. Heinberg, L.J., **Marek, R.J.,** Bucak, E., Haskins, I., Nor-Hanipah, Z., & Brethauer, S. (2017). 30-Day Readmission Following Weight Loss Surgery: Can Psychological Factors Predict Non-Specific Indications for Readmission? *Surgery for Obesity and Related Diseases, 13*(8), 1376-1381.
- 41. Crighton, A.H.\* Marek, R.J., Dragon, W.R., & Ben-Porath, Y.S. (2017). Utility of the MMPI-2-RF Validity Scales in Detection of Simulated Underreporting: Implications of Incorporating a Manipulation Check. *Assessment*, 24(7), 853-864.
- 42. **Marek**, **R.J.**, Ben-Porath, Y.S., Dulmen, M.H.M. Ashton, K., & Heinberg, L.J. (2017). Using the Pre-Surgical Psychological Evaluation to Predict 5-Year Weight Loss Outcomes in Bariatric Surgery Patients. Surgery for Obesity and Related Diseases, 13(3), 514-521.
- 43. **Marek, R.J.**, Tarescavage, A.M., Ben-Porath, Y.S., Ashton, K., Heinberg, L.J., Rish, J.M. (2017). Associations between Psychological Test Results and Failure to Proceed with Bariatric Surgery. *Surgery for Obesity and Related Diseases*, 13(3), 507-513.
- 44. Block, A.R., **Marek, R.J.,** Ben-Porath, Y.S., & Kukal, D. (2017). Associations between Pre-Implant Psychosocial Factors and Spinal Cord Stimulation Outcome: Evaluation using the MMPI-2-RF. *Assessment*, 24(1), 60-70.
- 45. **Marek**, **R.J.** & Ben-Porath, Y.S., Heinberg, L.J. (2016). Understanding the Role of Psychopathology in Bariatric Surgery Outcomes. *Obesity Reviews*, 17(2), 126-141.
- 46. **Marek, R. J.,** Heinberg, L. J., Lavery, M., Merrell Rish, J., & Ashton, K. (2016). A review of psychological assessment instruments for use in bariatric surgery evaluations. *Psychological Assessment*, 28(9), 1142-1157. R.J. Marek

- 47. Goodpaster, K. P. S., **Marek, R. J.,** Lavery, M., Ashton, K., Rish, J.M., & Heinberg, L. J. (2016). Graze Eating among Bariatric Surgery Candidates: Prevalence and Psychosocial Correlates. *Surgery for Obesity and Related Diseases*, *12*(5), 1091-1097.
- 48. **Marek, R.J.,** Tarescavage, A.T., Ben-Porath, Y.S., Rish, J.M., Ashton, K, & Heinberg, L.J. (2015). Using presurgical psychological testing to predict 1-year appointment adherence and weight loss in bariatric surgery patients: predictive validity and methodological considerations. *Surgery for Obesity and Related Diseases*, 11(5), 1171-1181.
- 49. **Marek, R.J.**, Block, A.R., & Ben-Porath, Y.S. (2015). The Minnesota Multiphasic Personality Inventory 2 Restructured Form: Incremental Validity in Predicting Early Outcomes for Spine Surgery Candidates. *Psychological Assessment*, 27, 114-124.
- Tarescavage, M.A., Finn, J.A., Marek, R.J., Ben-Porath, Y.S., van Dulmen, M.H.M. (2015). Premature Termination from Psychotherapy and Internalizing Psychopathology: The Role of Demoralization. *Journal of Affective Disorders*, 174, 549-555.
- 51. **Marek, R.J.,** Ben-Porath, Y.S., Sellbom, M., McNulty, J.L., & Heinberg, L.J. (2015). Validity of Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) Scores as a Function of Gender, Ethnicity, and Age of Bariatric Surgery Candidates. *Surgery for Obesity and Related Diseases*, 11(3), 627-634.
- 52. **Marek, R.J.,** Tarescavage, M.A., Ben-Porath, Y.S., Ashton, K., Heinberg, L.J. (2015). Replication and Evaluation of a Proposed Two-Factor Binge Eating Scale (BES) Structure in a Sample of Bariatric Surgery Candidates. *Surgery for Obesity and Related Diseases*, 11(3), 659-665.
- 53. Block, A.R., **Marek, R.J.**, Ben-Porath, Y.S., & Ohnmeiss, D.D. (2014). Associations between Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) scores, workers' compensation status, and spine surgery outcome. *Journal of Applied Biobehavioral Research*, 19(4), 248-267.
- 54. **Marek, R.J.,** Ben-Porath, Y.S., Ashton, K. & Heinberg, L.J. (2014). Impact of Using DSM-5 Criteria for Diagnosing Binge Eating Disorder in Bariatric Surgery Candidates: Change in Prevalence Rate, Demographic Characteristics, and Scores on the Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF). *International Journal of Eating Disorders*, 47(5), 553-557.
- 55. **Marek, R.J.,** Ben-Porath, Y.S., Merrell, J., Ashton, K., & Heinberg, L.J. (2014). Predicting One and Three Month Postoperative Somatic Concerns, Psychological Distress, and Maladaptive Eating Behaviors in Bariatric Surgery Candidates with the Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF), *Obesity Surgery*, 24(4), 631-639.
- 56. **Marek**, **R. J.**, Ben-Porath, Y.S., Ashton, K., & Heinberg, L.J. (2014). Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) Scale Score Differences in Bariatric Surgery Candidates Diagnosed with Binge Eating Disorder vs. BMI-Matched Controls. *International Journal of Eating Disorders*, 47(3), 315-319.
- 57. Tarescavage, A.M., Windover, A., Ben-Porath, Y.S., Heinberg, L.J., Boutacoff, L.I., **Marek, R.J.**,..., Merrell, J. (2013). Use of the MMPI-2-RF Suicidal/Death Ideation and Substance Abuse Scales in screening bariatric surgery candidates. *Psychological Assessment*, 25(4), 1384-1389.
- 58. Tarescavage, A. M., **Marek, R. J.**, Finn, J. A., Hicks, A., Rapier, J. L., & Ben-Porath, Y. S. (2013). Minnesota Multiphasic Personality Inventory-2-Restructured Form (MMPI-2-RF) Normative Elevation Rates: Comparisons with Epidemiological Prevalence Rates. *The Clinical Neuropsychologist*, *27*(7), 1106-1120.

- 59. **Marek, R. J.**, Ben-Porath, Y. S., Windover, A., Tarescavage, A. M., Merrell, J., Ashton, K., Lavery, M. & Heinberg, L. J. (2013). Assessing psychosocial functioning of bariatric surgery candidates with the Minnesota Multiphasic Personality Inventory-2 Restructured Form (MMPI-2-RF). *Obesity Surgery*, 23(11), 1864-1873.
- 60. Marek, R. J., Ben-Porath, D. D., Federici, A., Wisniewski, L., & Warren, M. (2013). Targeting premeal anxiety in eating disordered clients and normal controls: A preliminary investigation into the use of mindful eating vs. distraction during food exposure. *International Journal of Eating Disorders*, 46(6), 582-585.
- 61. Block, A.R., Ben-Porath, Y.S., & Marek, R.J. (2013). Psychological risk factors for poor outcome of spine surgery and spinal cord stimulator implant: A review of the literature and their assessment with the MMPI-2-RF. *The Clinical Neuropsychologist*, 27, 81-107.

#### PEER-REVIEWED BOOKS

1. **Marek, R.J.,** & Block, A.R. (2023). *Presurgical Psychological Assessment of Surgical Candidates: Evidence-Based Procedures and Practices*. American Psychological Association.

#### **BOOK CHAPTERS** \*denotes that author was student, intern, or post-doc at the time of publication

- 1. **Marek, R.J.,** Knight, C.,\* Nghiem, D.M.,\* Markey, C.H. (2022). Psychological Assessment in Medical and Healthcare Settings. In Sellbom, M. & Bagby, R.M. (Eds.), *Comprehensive Clinical Psychology, Second Edition*.
- 2. **Marek, R. J.,** & Ben-Porath, Y. S. (2017). Using the Minnesota Multiphasic Personality Inventory–2–Restructured Form (MMPI-2-RF) in Behavioral Medicine Settings. In M. E. Maruish (Ed.), *Handbook of Psychological Assessment in Primary Care Settings, Second Edition* (pp. 631-662). London, UK: Routledge.

# **EDITORIALS**

1. **Marek, R.J.**, Markey, C.H., & Porcerelli, J.H. (2020). Assessment of Personality and Psychopathology in Healthcare Settings: Introduction to the Special Section, Journal of Personality Assessment, 102:2, 149-152, DOI: 10.1080/00223891.2020.1713140

#### UNDER REVIEW \*denotes that author was student, intern, or post-doc at the time of publication

- 1. Shumaker, N.,\* Long, T.,\* Mercado, A., **Marek, R.J.,** & Anderson, J.L. (Under Review). Exploring Potential Ethnic Bias among MMPI-3 Scales in Assessing Personality Psychopathology.
- 2. Maccarone, K.J,\* Marek, R.J., Anderson, J.L., & Ben-Porath, Y.S. (Under Review). Examining the construct validity of the Minnesota Multiphasic Personality Inventory-3 Eating Concerns scale.

## INVITED, NON-PEER REVIEWED

- 1. Block, A.R., Bradford, A., Butt, Z., & Marek, R.J. (2020). Guidance on Telehealth Presurgical Psychological Evaluation During the COVID-19 Crisis. (APA Practice Guidance for COVID-19). Published Online: https://www.apaservices.org/practice/news/presurgical-psychological-evaluations-covid-19.
- 2. Marek, R.J. (2016). Applying What We've Learned. Society for Personality Assessment Exchange.
- 3. **Marek**, **R.J.** (2015). Tips on Publishing Papers as a Graduate Student. *Society for Personality Assessment Exchange*

# POSTERS AND PRESENTATIONS \*denotes that author was student, intern, or post-doc at the time of publication

- Lal, R.,\* Marek, R., Panigrahi, E., & Pona, A. (October, 2023). Patient Underreporting During the Preoperative Psychological Evaluation for Metabolic and Bariatric Surgery. Poster Presented at The Obesity Society, Dallas, TX.
- 2. Jesudasen, P.,\* Dozier, D.,\* Marek, R.J., Ramsey-Jimenez, S. (April, 2023). 'You Can D.O. Medicine' Mini-Medical School Camp and Self-Efficacy in High School Students. Poster presented at the American Association of Colleges of Osteopathic Medicine, Baltimore, MD.
- Ramsey-Jimenez, S., Marek, R.J., & Gardiner, L. (April, 2023). Impact of Precepting on Burnout Scores of Associated Physicians in East Texas. E-Poster presented at the American Association of Colleges of Osteopathic Medicine, Baltimore, MD.
- 4. Knight, C.,\* Short, M.B., **Marek, R.J.,** & Griffin, S.A. (March, 2023). Psychological Flexibility, the Five Factor Model, and the Section-III AMPD: A Quantitative Analysis. Poster presented to the Society for Personality Assessment (SPA), Austin, TX.
- 5. Jeong, H.,\* Hapenciuc, G.,\* Meza, E.,\* Heinberg, L.J., & Marek, R.J. (November, 2022). Re-Evaluating the Binge Eating Scale Cut-Off Using DSM-5 Criteria: Analysis and Replication in Presurgical Bariatric Surgery Samples. Poster Presented at The Obesity Week convention, San Diego, CA.
- 6. Le, J.\*, Hapenciuc, G.,\* Philip, M.,\* Ben-Porath, Y.S., Block, A.R., & Marek, R.J. (November, 2022). Incremental validity of the MMPI-3 to Predicting One-Year Postoperative Outcomes in Patients Who Received Spine Surgery. Poster presented at American Society of Regional Anesthesia and Pain Medicine (ASRA) Annual Convention, Orlando, FL.
- 7. Meza, E.,\* Hapenciuc, G.,\* Bistricky, S.L., & Marek, R.J. (September, 2022). Impact of COVID-19 on the Self-Report Assessment of Obsessive-Compulsive Disorder. Poster presented at SHSU-COM Student Research Day, Conroe, TX.
- 8. **Marek, R.J.,** Pona, A., & Breedlove, A. (June, 2022). Standardized Testing and The Hierarchical Taxonomy of Psychopathology (HiTOP). Integrated paper session presented at the American Society for Metabolic and Bariatric Surgery (ASMBS), Dallas, TX.
- 9. Bhola, S., **Marek**, **R.J.**, Pona, A. (April, 2022). Psychological Correlates of Lifetime Eating Disorder Behaviors in a Bariatric Surgery Sample. Poster presented at The Ohio State University Research Day, Columbus, OH.

- 10. Woodling, C.,\* Wygant, D.B., Umlauf, R.L., & Marek, R.J. (March, 2022). Somatoform's Placement and Validity in the Hierarchical Taxonomy of Psychopathology (HiTOP). Oral paper presented to the Society for Personality Assessment (SPA), Chicago, IL.
- 11. **Marek**, **R.J.**, & Anderson, J.L. (June, 2021). Validity of the MMPI-3's Eating Concerns Scale. Oral paper presentation at the 56<sup>th</sup> Annual Symposium on Recent MMPI Research, Virtual Conference.
- 12. Daniel, J.,\* Reyes, J.,\* Bistricky, S.L., & Marek, R.J. (November, 2020). Validity of the Compulsivity (CMP) Scale of the MMPI-3. Poster abstract submitted to the Association of Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- 13. Mickens, L.D.,\* Nghiem, D.M.,\* Wygant, D.B. & Marek, R.J. (November, 2020). Validity of the Somatic Complaints Scales of the MMPI-2-RF in a Chronic Pain Setting. Poster abstract submitted to the Association of Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- 14. **Marek, R.J.** (August, 2020). Validity of the MMPI-3 for Pre-surgical Psychological Evaluations. Integrated Paper Presented at the American Psychological Association, Virtual Conference.
- 15. **Marek, R.J.,** Leiberman, I., Derman, P, Nghiem, D.M.,\* & Block, A.R. (June, 2020). The MMPI-2-RF and Long-Term Spine Surgery Outcomes: A Longitudinal Latent Class Growth Analysis Perspective. Oral paper presentation at the 55<sup>th</sup> Annual Symposium on Recent MMPI Research, Virtual Conference.
- 16. Frazier, B.,\* Marek, R. J., & Anderson, J. L. (April, 2020). The Role of Negative Affectivity in Predicting Discrepancies between Self-Reported and Observed Body Weight. Poster to be presented at the Southwestern Psychological Association Annual Convention, Frisco, TX.
- 17. Nghiem, D. M.,\* Marek, R. J., Ben-Porath, Y. S., Block, A. R. (March, 2020). Using the MMPI-2-RF to Predict Long-Term Spine Surgery Outcomes. Oral talk to be presented at the Society for Personality Assessment, San Diego, CA.
- 18. Martin-Fernandez, K.W.,\* Martin-Fernandez, J.,\* Heinberg, L.J., & Marek, R.J. (October, 2019). MMPI-2-RF Scales Scores as Predictors of Postoperative Eating Disorder Symptoms and Behaviors. Poster presented at the 14th Annual Diabetes, Obesity, and Cardiovascular Disease Summit, Cleveland, OH.
- 19. **Marek, R.J.,** Martin-Fernandez, K.,\* Heinberg, L.J., & Ben-Porath, Y.S. (June, 2019). MMPI-2-RF Scale Scores and Associations with Psychosocial Functioning 5-Years after Bariatric Surgery: Preliminary Analyses. Oral paper presentation at the 54<sup>th</sup> Annual Symposium on Recent MMPI Research, Minneapolis, MN.
- 20. Marek, R.J., Anderson, J.A., Tarescavage, A.T., Haugh, S.,\* Martin-Fernandez, K.,\* Heinberg, L.J., Block, A.R., Mandell, D. Scheman, J. & Ben-Porath, Y.S. (March, 2019). Quantitative Models of Psychopathology Across Medical Settings. Oral paper presentation at the Society for Personality Assessment, New Orleans, LA.
- 21. Torres, D. S.,\* Block, A.R., Ben-Porath, Y.S., & Marek, R.J. (March, 2019). Using the MMPI-2-RF to Predict Prescription Opioid Use After Spine Surgery/Spinal Cord Stimulation. Poster presentation at the Society for Personality Assessment, New Orleans, LA.

- 22. Martin-Fernandez, K. **Marek, R.J.,** Block, A.R., Ben-Porath, Y.S. (March, 2019). Incremental Validity of the MMPI-2-RF in Predicting 1-year Postoperative Outcomes in Spine Surgery Patients. Oral paper presentation at the Society for Personality Assessment, New Orleans, LA.
- 23. Block, A.R., Ben-Porath, Y.S., & Marek, R.J. (September, 2018). Patient Activation Buffers the Adverse Impact of Psychosocial Risk Factors on Spine Surgery and Spinal Cord Stimulation. Paper accepted to North American Spine Society (NASS) 2018 Annual Meeting, Los Angeles, CA.
- 24. Martin-Fernandez, K.W.,\* Ben-Porath, Y.S., & Marek, R.J. (May, 2018). Predicting Eating Disorder Symptoms Using the MMPI-2-RF. Paper accepted to the 53<sup>rd</sup> Annual Symposium on Recent MMPI Research, Fort Lauderdale, FL.
- 25. Fusco, B.R.,\* Marek, R.J., Tarescavage, A.M., & Ben-Porath, Y.S. (May, 2018). Using the Minnesota Multiphasic Personality Inventory-2-Restructured Form Cutoffs to Predict Lack of Presurgical Exercise. Poster accepted to the 53<sup>rd</sup> Annual Symposium on Recent MMPI Research, Fort Lauderdale, FL.
- 26. **Marek, R. J.,** Williams, G.A.,\* Mohun, S.H.,\* Heinberg, L.J. (2017, November). Surgery Type and Psychosocial Factors Contribute to Poorer Weight Loss Outcomes in Persons with Super-Super Obesity. Presented at Obesity Week, New Harbor, MD.
- 27. **Marek, R.J.,** Couhlon, S.M., Brown, J.D., Lydecker, J., Marek, S., Malcolm, R.J., & O'Neil, P.M. (2017, November). Characteristics of Weight Loss Trajectories in a Comprehensive Lifestyle Intervention. Poster presented at to Obesity Week, New Harbor, MD.
- 28. Hales, S.B.,\* Marek, R.J., Turner, T., Nance, L., Lange, D., Brown, J., Blackburn, D., & O'Neil, P.M. (2017, November). Description and Utilization of a Telehealth Weight Loss Maintenance Program. Poster presented at to Obesity Week, New Harbor, MD.
- 29. Martin-Fernandez, K.,\* **Marek**, **R.J.**, & Ben-Porath, Y.S. (2017, March). Associations between the MMPI-2-RF and EDE-Q 6.0. Poster presented at the Society for Personality Assessment, San Francisco, CA.
- 30. **Marek, R.J.**, Ben-Porath, Y.S., Dulmen, M.H.M. Ashton, K., & Heinberg, L.J. (2016, November). Using the Pre-Surgical Psychological Evaluation to Predict 5-Year Weight Loss Outcomes in Bariatric Surgery Patients. Paper presented at Obesity Week, New Orleans, LA.
- 31. Menton, W.H., Hicks, A.D., **Marek, R.J.**, & Ben-Porath, Y.S. (2016, May). The Relative Importance of Demoralization. Paper submitted to the 51<sup>st</sup> Annual Symposium on Recent MMPI Research, Fort Lauderdale, FL.
- 32. Clark, T.S., Wakim, J.C., **Marek, R.,** Ben-Porath, Y. (2016, May). Randomized assignment of Personality Assessment Inventory (PAI) and Minnesota Multiphasic Personality Inventory 2- Restructured Format 2 (MMPI-2-RF) in 2 unique pain populations: mixed musculoskeletal pain and chronic daily headache. Abstract submitted to the American Pain Society, Austin, TX.
- 33. **Marek, R.J.,** Tarescavage, A.T., Ben-Porath, Y.S., Heinberg, L.J. Merrell, J. (2015, November). Presurgical Psychological Testing: Incremental Contribution to Predicting Failure to Follow Through with Bariatric Surgery. Poster presented at Obesity Week, Los Angeles, CA.
- 34. Goodpaster, K. P. S., **Marek, R. J.**, Ashton, K., Lavery, M., Rish, J., & Heinberg, L. J. (November, 2015). Grazing Eating among Bariatric Surgery Candidates: Prevalence and Psychosocial Correlates. Paper presentation at Obesity Week, Los Angeles, CA.

- 35. Ashton, K., **Marek, R.**, Rish, J.M., Lavery, M., & Heinberg, L.J. (2015, November). Psychological Factors, Healthcare Disparities, and Weight Loss Surgery. Paper presentation at Obesity Week, Los Angeles, CA.
- 36. **Marek, R.J.,** Tarescavage, A.T., Ben-Porath, Y.S., Heinberg, L.J. Merrell, J. (2015, June). Associations between MMPI-2-RF Scale Scores and Dropout from Bariatric Surgery Programs. Paper presented at the 50<sup>th</sup> Annual Symposium on Recent MMPI Research, Minneapolis, MN.
- 37. **Marek, R.J.,** Finn, J.A., & Ben-Porath, Y.S. (2015, March). Associations between Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) Scores and Maladaptive Eating Behaviors in a College Student Sample. Poster Presented at the Society for Personality Assessment, Brooklyn, NY.
- 38. **Marek, R.J.,** Ben-Porath, Y.S., Tarescavage, A.T., Ashton, K, Lavery, M., & Heinberg, L.J. (2014, November). Predicting Suboptimal Weight Loss One Year after a Roux-en-Y Gastric Bypass with the Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF). Paper presented at Obesity Week, Boston, MA.
- 39. Marek, R.J., Ben-Porath, Y.S., Sellbom, M., McNulty, J.L., & Heinberg, L.J. (2014, April). A Comparison of Scale Scores and Validity of the Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) as a Function of Gender and Age in Bariatric Surgery Candidates. Paper presented at the 49<sup>th</sup> Annual Symposium on Recent MMPI Research, Scottsdale, AZ.
- 40. **Marek, R.J.,** Ben-Porath, Y.S., & Heinberg, L.J. (2014, March). A Comparison of MMPI-2-RF Validity in African American and Caucasian Bariatric Surgery Candidates. Paper presented at the Society for Personality Assessment (SPA), Arlington, VA.
- 41. Marek, R.J., Tarescavage, A.M., Ben-Porath, Y.S., & Heinberg, L.J. (2014, March). On the Two-Factor Structure of the Binge Eating Scale: Convergent and Discriminant Validity with the Minnesota Multiphasic Personality Inventory-2-Restructured Form (MMPI-2-RF) in Bariatric Surgery Candidates. Poster presented at the International Conference for Eating Disorders (ICED), New York, NY.
- 42. Stallings, A., **Marek, R.J.,** & Heinberg, L.J. Utility of the Minnesota Multiphasic Personality Inventory—2—Restructured Form (MMPI-2-RF) Disconstraint Scale in Predicting One-Year Excess Body Weight Loss Following a Roux-en-Y Procedure. Poster presented at 8<sup>th</sup> Annual Obesity Summit, Cleveland, OH.
- 43. Block, A.R., Ben-Porath, Y.S., **Marek, R.** (2013, October). Spine Surgery and Spinal Cord Stimulation: Differences in Psychosocial Risk Factors. Abstract submitted as a paper to North American Spine Society (NASSS) 28<sup>th</sup> Annual Meeting, New Orleans, LA.
- 44. **Marek, R.J.**, Ben-Porath, Y.S., & Block, A.R. (2013, May). Using the MMPI-2-RF to Predict Long Term Functional Disability and Psychosocial Functioning in Spine Surgery Candidates. Unpublished paper presented at 48th Annual Symposium on Recent MMPI Research, Saint Petersburg, FL.
- 45. Marek, R.J., Ben-Porath, Y.S., Ashton, K., & Heinberg, L.J. (2013, May). The Minnesota Multiphasic Personality Inventory 2 Restructured Form (MMPI-2-RF) and Binge Eating Disorder (BED): Scale Score Differences in Bariatric Surgery Candidates Diagnosed with BED vs. Matched-BMI Controls. Abstract accepted as a poster to the International Conference for Eating Disorders (ICED), Montreal, CA.
- 46. Marek, R.J., Ben-Porath, Y.S., Ashton, K. Heinberg, L.J., & Merrell, J. (March, 2013). Using the MMPI-2-RF to Predict Latent Post-Surgical Outcomes in Bariatric Surgery Candidates. Unpublished paper presented at the Society for Personality Assessment (SPA), San Diego, CA.
- 47. **Marek, R.J.**& Ben-Porath, D.D. (2012, November). Efficacy of DBT Interventions in Eating Disordered Patients and a Nonclinical Sample during Food Exposures: Differential Treatment Response to Distraction vs. Mindfulness. Paper Presented at the Association for Behavioral and Cognitive Therapies (ABCT), New Harbor, MD.

- 48. Block, A.R., Ben-Porath, Y.S., Ohnmeiss, D., Guyer, R., & Marek, R. (2012, October). Psychosocial Factors and Expectancy Contribute Separately to Spine Surgery Outcome. Abstract accepted to North American Spine Society 26<sup>th</sup> Annual Meeting, Dallas, TX.
- 49. Windover, A., **Marek, R.,**Merrel, J., Ashton, K., Heneghan, L., Heinberg, L. & Ben-Porath, Y. (2012, June). Past suicide history and postoperative bariatric surgery outcomes and adherence. Presented by first author at the American Society for Metabolic and Bariatric Surgery (ASMBS), San Diego, CA.
- 50. **Marek, R.J.,** Block, A.R., & Ben-Porath, Y.S. (2012, April). Predicting Pre-Surgical Expectancies and Post-surgical Outcome in Spine Surgery Candidates with the MMPI-2-RF. Orally Presented at 47<sup>th</sup> Annual Symposium on Recent MMPI Research, Las Vegas, NV.
- 51. Tarescavage, A., **Marek, R.,** Rapier, J., Ben-Porath, Y.S. (2012, April). Elevation Rates in the MMPI-2-RF Normative Sample: Comparisons with Epidemiological Data and a Reply to Odland et al. (2011). Presented Orally by first author at 47<sup>th</sup> Annual Symposium on Recent MMPI Research, Las Vegas, NV.
- 52. Marek, R.J., Kennedy S., & Haigh, E. (2011, May). Effects of Social Dominance Orientation and Gender on Latency of Helping Behavior. Poster presented at the Midwestern Psychological Association Psi Chi Poster Session, Chicago, IL.
- 53. Marek, R.J., Windover, A.K., Ashton, K.R., & Heinberg, L.J. (2010, March). Do Patients Requiring Bariatric Surgery Revision Have More Somatic Complaints as Measured on the MMPI-2-RF? Poster presented at the Celebration of Scholarship at John Carroll University, University Heights, OH.
- 54. Marek, R.J., Windover, A.K., Ashton, K.R., & Heinberg, L.J. (2010, February). Do Patients Requiring Bariatric Surgery Revision Have More Somatic Complaints as Measured on the MMPI-2-RF? Poster presented at the Cleveland Psychological Association, Beachwood, OH.
- 55. Marek, R.J., Kennedy, S., Roppel, B., Carrocia, K. (2010, April). Helping Behaviors: The Effect of Gender and Group Size in a Non-Emergency Situation. Paper presented at the Ohio Undergraduate Psychology Research Conference, Columbus, OH.

#### WORKSHOPS PRESENTED

- 1. **Marek, R.J.** (May, 2022). Using the MMPI-2-RF/MMPI-3 for Presurgical Psychological Evaluations. Virtual Workshop Sponsored by the Society for Personality Assessment.
- 2. **Marek, R.J.,** Ben-Porath, Y.S. (August, 2019). Using the MMPI-2-RF in Medical Settings. Workshop presented at the American Psychological Association, Chicago, IL.
- Ben-Porath, Y.S., Block, A.R., Heinberg, L.J., Marek, R.J. (June, 2019). Using the MMPI-2-RF in Medical Settings. Workshop presented at the 54<sup>h</sup> Annual Symposium on Recent MMPI Research, Minneapolis, MN.

# **INVITED LECTURES & TALKS**

- 1. **Marek, R.J.** (2020, June). Pre-Surgical Psychological Evaluations. Lecture presented at Houston, TX. University of Detroit Mercy, Detroit, MI.
- 2. **Marek, R.J.** (2019, April). Introduction to the MMPI-2-RF. Lecture presented at the Emily Sutter Symposia, Houston, TX.

- 3. **Marek**, **R.J.** (2018, November). Roundtable Discussant. *The Obesity Society Early Career Academic Workshop*. Obesity Week, Nashville, TN.
- 4. **Marek**, **R.J.** (2018, April). Ethical Considerations in Telehealth. Plenary presented at the Emily Sutter Symposia, Houston, TX.
- **5. Marek, R.J.** (2015, May). Introduction to the MMPI-2-RF. Lecture presented at University of Pittsburgh, Pittsburgh, PA.

# **EDITORIAL RESPONSIBILITIES**

Associate Editor:

Surgery for Obesity and Related Diseases (2021 – Present)

Psychological Assessment (2023 - Present)

Guest Editor:

Special Issue for Surgery for Obesity and Related Diseases: Psychological Aspects of Weight Recurrence (2023-2024)

Special Issue for *Journal of Personality Assessment*: Personality and Psychological Assessments in Applied Health Psychology (2018-2019)

Consulting Editor:

**Obesity Surgery** 

Psychological Assessment

Journal of Personality Assessment

Journal of Clinical Psychology in Medical Settings

Ad Hoc Reviewer:

Surgery for Obesity and Related Diseases

**Obesity Surgery** 

Obesity

Health Psychology

International Journal of Eating Disorders

Psychological Assessment

The Clinical Neuropsychologist

Comprehensive Psychiatry

Journal of Pain

Journal of Psychosomatic Research

Journal of Personality Assessment

Journal of Clinical Psychology in Medical Settings

Obesity: Science & Practice Eating and Weight Disorders

**Eating Behaviors** 

Nutrients

International Journal of Psychiatry in Clinical Practice.

Personality and Individual Differences

# TEACHING EXPERIENCE

2023-Presnet **Assistant Professor of Clinical Psychology**, Sam Houston State University Department of Psychology and Philosophy

## **Graduate Courses Taught:**

Psychopathology

Instructor Rating Median: 4.5 Course Rating Median: 4.5

Doctoral Clinical Practicum II

Instructor Rating Median: TBD Course Rating Median: TBD

2021-2023 **Assistant Professor of Clinical Psychology**, Sam Houston State University College of Osteopathic Medicine

#### **Course Director**

Leadership in Medicine Clerkship Elective

No formal evaluations given for elective clerkships at SHSU-COM

Research and Evidence Based Medicine

Instructor Rating Average: 4.82/5.00

Course Rating Average: 86.8% Good to Excellent Course Ratings (Out of 4 Categories)

## **Rated Instruction Course Participation:**

Clinical Medicine I

Instructor Rating Average: 4.60/5.00

Clinical Medicine III

Instructor Rating Average: 4.86/5.00

2017-2021 Assistant Professor, University of Houston–Clear Lake, College of Human Sciences and

Humanities, Houston, Texas

## **Graduate Courses Taught:**

<u>University of Houston – Clear Lake</u>

Psychopathology

Instructor Rating Median: 4.98/5.00 Course Rating Median: 4.98/5.00

Psychological Measurement

Instructor Rating Median: 5.00/5.00 Course Rating Median: 4.80/5.00

Clinical Practicum

Instructor Rating Median: 4.94/5.00 Course Rating Median: 4.94/5.00

Quantitative Statistical Analysis I

Instructor Rating Median: 5.00/5.00 Course Rating Median: 5.00/5.00

Quantitative Statistical Analysis II

Instructor Rating Median: 5.00/5.00 Course Rating Median: 5.00/5.00

Personality Assessment

Instructor Rating Median: 4.97/5.00 Course Rating Median: 4.93/5.00

R.J. Marek

Professional Issues in Medical/Health Psychology

Instructor Rating Median: 5.00/5.00 Course Rating Median: 4.96/5.00

Diversity and Multicultural Issues in Health Psychology

Instructor Rating Median: 5.00/5.00 Course Rating Median: 4.90/5.00

Multicultural Counseling

Instructor Rating Median: 5.00/5.00 Course Rating Median: 4.83/5.00

Behavioral Medicine – Adult

Instructor Rating Median: 4.88/5.00 Course Rating Median: 4.79/5.00

Professional Practice, Law, and Ethics

Instructor Rating Median: 4.91/5.00 Course Rating Median: 4.87/5.00

2013-2014 Teaching Fellow, Kent State University, Department of Psychological Sciences, Kent, Ohio

#### **Teaching Assistant for Graduate Courses:**

Advanced Psychological Assessment

# **Instructor for Undergraduate Courses:**

Quantitative Methods in Psychology I

Instructor Rating: 4.69/5.00 Course Rating: 4.11/5.00

Psychology of Adjustment

Instructor Rating: 4.90/5.00 Course Rating: 4.67/5.00

# STUDENT RESEARCH SUPERVISION

#### **Dissertations Chaired**

2022 Gomez, J. (2022). Utilization of Behavioral Health within a Patient-Centered Medical Home Model for Childhood Attention-Deficit/Hyperactivity Disorder (ADHD). University of Houston—

Clear Lake.

2022 Nghiem, D.M. (2022). Understanding Impulsivity, Loss of Control Over Eating, and the

Moderating Effects of Gender as it Relates to Eating Disorder Behaviors. University of Houston-

Clear Lake

2021 Robinson, J.J. (2021). Comparing Traditional Psychological Skills Training and an Acceptance

and Commitment Therapy Informed Intervention for Adult Swimmers: A Randomized Controlled

Trial. University of Houston-Clear Lake.

## **Theses Chaired**

Torres, D. (2019) *Psychosocial Risk Factors Predict and Prescription Opioid Usage After Spine Surgery*. University of Houston–Clear Lake.

#### **Dissertation Committee Membership**

2022 Long, T. (2022). Examining the Spanish Translation of the MMPI-2-RF: Utility in Measuring

	Personality, Psychopathology, and Functional Impairment. Sam Houston State University.
2022	Haugh, S. (2022). Evaluating the MMPI-3's Utility in the Assessment of Personality Disorders. Sam Houston State University.
2021	Velasquez, K. M. (2021). How Facets of Perfectionism Relate to Positive Psychology and Psychopathology Related Factors. University of Houston – Clear Lake.
2021	Millman, M. (2021). <i>Understanding the Relationship between Loss and Death Attitudes</i> . University of Houston – Clear Lake.
2021	Shields, S. (2021). <i>Predicting Adherence To Health Behaviors Screener (PATH)</i> . University of Houston–Clear Lake.
2020	Martin-Fernandez, K. (2020). Examining the Utility of the MMPI-2-RF in Predicting Long-Term Bariatric Surgery Outcomes. Kent State University.
2020 - Present	Ranton, K.M. (Proposal Defended). The Impact of Childhood Maltreatment and Mindfulness on the Mental Health of Emerging Adults. University of Houston – Clear Lake.

# **Thesis Committee Membership**

2023 – Present Vargas, I.L. (Prospectus Defended). Morality & Marijuana: Understanding Comparative Self-Appraisal and Marijuana Use. Sam Houston State University

# CLINICAL EXPERIENCE

2023 - Present	Clinical Supervisor, Sam Houston State University, Huntsville, TX. Provided clinical supervision to students conducting treatment and assessment with clients in our on-campus mental health clinic.
2021 – 2023	<b>Licensed Clinical Psychologist, Sam Houston State University Physicians, Conroe, TX.</b> Practiced comprehensive psychological assessments (i.e., ADHD Evaluations, Pre-Surgical Evaluations), psychotherapy, and consultation with physicians.
2017 – 2021	Clinical Supervisor, University of Houston–Clear Lake, Houston, TX Provided clinical supervision to students conducting treatment and assessment with clients in our on-campus mental health clinic.
2016 - 2017	Medical University of South Carolina, Charleston, SC APA-Accredited Internship Supervisors: Patrick O'Neil, Ph.D., Layne Goble, Ph.D., Sharlene Wedin, Psy.D., ABPP, & Mark Wagner, Ph.D.

**Weight Management:** Effectively delivered evidence-based treatment for persons with obesity. Recognized and help patients identify solutions to common cognitive and behavioral obstacles to successful long-term weight management.

**Interdisciplinary Pain Clinic:** Accurately assessed psychosocial factors and co-morbid mental health diagnoses related to patients experiencing chronic pain. Developed evidence-based treatment plans for chronic pain based, including Cognitive Behavior Therapy and Acceptance and Commitment Therapy.

**IOP** — **Behavioral Medicine Clinic:** Conducted pre-surgical psychology evaluations for patients being considered for bariatric surgery or organ transplantation (liver, heart, kidney, & lung). Integrated psychological treatment and recommendations through verbal and written interactions with the medical teams and as an effective provider in multidisciplinary teams.

**Neuropsychology Assessment Clinic:** Conducted clinical and forensic assessments of primarily neurological-related diagnoses, learned specific diagnostic formulation and differential considerations. Assessments included memory disorders (Alzheimer and related dementia), movement disorders, epilepsy clinic (focusing on NES and pre-post neurosurgical treatment of seizures), and general neurological clinics (forensic, head injury, organ transplantation, multiple sclerosis, CNS tumors).

#### 2015 - 2016 Cleveland Clinic Bariatric and Metabolic Institute, Cleveland, Ohio

Clinical Psychology Practicum Supervisor: Dr. Leslie J. Heinberg

Conducted pre-surgical psychology evaluations of bariatric surgery candidates. Evaluations included a semi-structured clinical interview, medical chart review, and administration, scoring, and interpretation of the objective psychological tests. In addition, conducted individualized presurgical and post-operative therapies in an effort to optimize psychosocial adjustment and behavior change after surgery.

#### 2014 - 2015 Coleman Professional Services, Kent, Ohio

Clinical Psychology Practicum Supervisor: Dr. Frank Gorbett

Conducted intake interviews and individual therapy with adult clients in a community mental health setting. Clients presented with varying degrees of psychopathology including mood/anxiety disorders, drug and alcohol issues, personality disorders, and schizophrenia. Interpreted and wrote psychological reports. Practiced empirically-supported therapy approaches including CBT and Interpersonal therapy.

#### 2013 - 2014 Kent State University Psychological Clinic, Kent, Ohio

Neuropsychological Assessment Trainee

Supervisors: Dr. John Gunstad, Dr. Mary Beth Spitznagel

Administered comprehensive neuropsychological batteries to young and older adults requesting evaluations (including but not limited to Attention Deficit Hyperactivity Disorder, Learning Disorders, and dementia). Scored, interpreted, and wrote neuropsychological reports.

## 2012 - 2014 Kent State University Psychological Clinic, Kent, Ohio

General Clinical Practicum

<u>Intervention:</u> Conducted short- and long term individual psychotherapy for clients with a variety of adjustment and clinical disorders, including mood and anxiety, substance abuse, eating, and personality disorders. Utilized a range of empirically-supported therapy approaches including CBT and Interpersonal therapy.

<u>Supervisors:</u> Alanna Updegraff, Ph.D., John Akamatsu, Ph.D. & Karin Coifman, Ph.D. <u>Psychological Assessment Practicum</u>: Conducted clinical interviews, administered cognitive/neuropsychological, personality, and projective tests, and wrote comprehensive reports. <u>Supervisors:</u> Yossef S. Ben-Porath, Ph.D., ABPP & Jacob A. Finn, Ph.D.

# ADVANCED STATISTICAL TRAINING:

Software Applications: SPSS, STATA, Mplus

Analyses: ANOVA, Regression (linear and non-linear), Multilevel Modeling, Structural Equation Modeling, Latent Growth Analysis.

# SERVICE TO THE PROGRAM/DEPARTMENT

2021 - 2023	Faculty Advisor, Psychiatry Interest Group, Sam Houston State University.
2020	Member, Faculty Search Committee, University of Houston-Clear Lake
2020 - 2021	Chair, Psy.D. Diversity Committee, University of Houston-Clear Lake
2018 - 2021	Chair, Psy.D. Admissions Committee, University of Houston-Clear Lake
2017 – 2021	Qualifying Exam Committee, University of Houston-Clear Lake
2014 - 2015	President of the Graduate Association for Students in Psychology (GASP), Kent State University
2013 - 2015	Clinical Training Committee Student Representative, Kent State University

# SERVICE TO THE COLLEGE

2021 - 2023	Member, Research Internal Grants Sub-Committee, Sam Houston State University.
2021 - 2023	Vice Chair, Student Progress and Promotion, Sam Houston State University.
2021 - 2023	Member, Research Committee, Sam Houston State University.
2019-2020	Member, Human Sciences and Humanities Grade Appeals Committee
2019	Member, Search Committee for the UHCL Psychological Services Clinic Office Administrator position.
2018 –2020	Poster Judge, Annual Student Conference for Research & Creative Arts, University of Houston–Clear Lake

# SERVICE TO THE UNIVERSITY

2021 - 2023	Member, Faculty Research Council, Sam Houston State University.
2020	UHCL Graduate Preview Volunteer
2018 -2020	UHCL Open House Volunteer
2017	UHCL Hurricane Harvey Resource Recovery Guide

# SERVICE TO THE PROFESSION

2023 – Current	Incoming Chair for the American Society for Metabolic and Bariatric Surgery's Masters Course in Behavioral Health Course.
2018 – Current	Member of the Integrated Health Committee for the American Society for Metabolic and Bariatric Surgery.

2018 - Current	Alternative Member of NASA's IRB
2020 - 2023	Member of the Society for Personality Assessment Leadership Council.
2017 – 2023	Early Career Committee Member for the American Society for Metabolic and Bariatric Surgery's Masters Course in Behavioral Health Course.
2017	Communications Task Force Member of the Society for Personality Assessment
2017 – 2023	Co-Leader of the Health Psychology Interest Group for the Society for Personality Assessment.
2014 - 2017	President of the Society for Personality Assessment Graduate Student (SPAGS) Board
2010	President of Psi Chi Chapter, John Carroll University

# PROFESSIONAL MEMBERSHIPS

2018 – Present	APA Division 38 – Health Psychology, Member
2014 - Present	American Society for Metabolic & Bariatric Surgery, Associate Member
2014 - Present	The Obesity Society, Member
2014 - Present	APA Division 12 – Clinical Psychology, Member
2012 - Present	Society for Personality Assessment, Member
2009 - Present	Psi Chi Member
2009 - Present	American Psychological Association, Member